

Class of 2026 Freshman Guidance Lesson

Cypress Falls High School

HELLO...

MEET THE COUNSELING TEAM

7 COUNSELORS
SPLIT BY LAST NAME



Lori Battaglia
LaKeisha Frank
Shonda Taylor
Araceli Salinas
Kristi Macat
Kristi Kitterman
Kaitlyn Padgett
Nicole Rao Flores

Lead
A-Cal
Cam-Fep . . .
Fer-Herr . . .
Hers-McJ . . .
McK-Pom . . .
Pon-Sol . . .
Som-Z . . .



COUNSELING OFFICE BASICS:

Access a wealth
of information
including
brochures/flyers

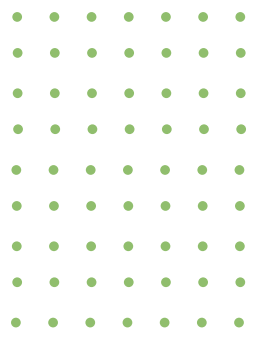
Fill out a
request to visit
with your
counselor



Request SAT/ACT Fee
Waiver,
scholarship info,
Credit by Exam Info
and more!

When to come:
During lunch or
passing periods

In case of emergencies or
immediate needs, counselors are
available to see students with a
pass



WHO TO TALK TO?

Assistant Principals
for **attendance**,
discipline, fees and
fines, graduation,
prom

Teachers for
grades &
assignments

**ALWAYS START WITH THE
TEACHER!**

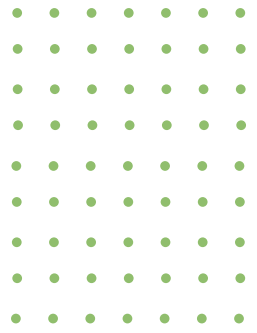
Testing
Coordinator
for EOCs

College Career
Specialist to
plan for future

CYS Worker for
shelter, food,
clothing

Counselor for
credits,
schedules,
concerns

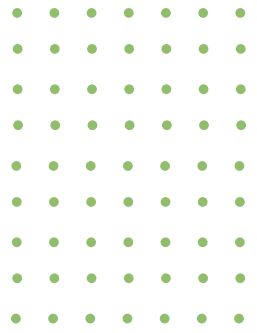
HOW TO HELP YOURSELF:



- **Contact a caring adult**
- **Develop a sense of connection in school**
- **Become involved in extracurricular activities**
- **Develop positive self-esteem and coping strategies**
- **Access resources (counselors, support groups, treatment programs)**
- ***Ask for help!***



HOW TO HELP OTHERS:



- **Be aware of signs**
- **Listen and be there for your friend
(always take it seriously)**
- **Refer the friend to the school counselor**
- **Tell an adult (Parent and counselor)**



GRADUATION PLANS:

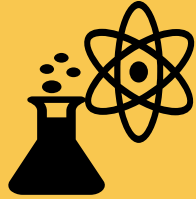
	Foundation	+ Endorsement
Discipline	Credits	Credits
PACE	½	
English	4	
Math	3	1
Science	3	1
Social Studies	3	
Languages other than English (Foreign Language)	2	
Fine Arts	1	
PE	1	
Health	½	
Electives/Endorsement Courses	4	2
Total Credits for Graduation	22	26

Must have
Algebra II
to earn the
Distinguished
Level of
Achievement

A student must earn Distinguished Level of Achievement to be eligible for the Top 10% Automatic Admission Program



ENDORSEMENTS:



STEM



**BUSINESS &
INDUSTRY**



**PUBLIC
SERVICES**



**ARTS &
HUMANITIES**



**MULTI-
DISCIPLINARY
STUDIES**

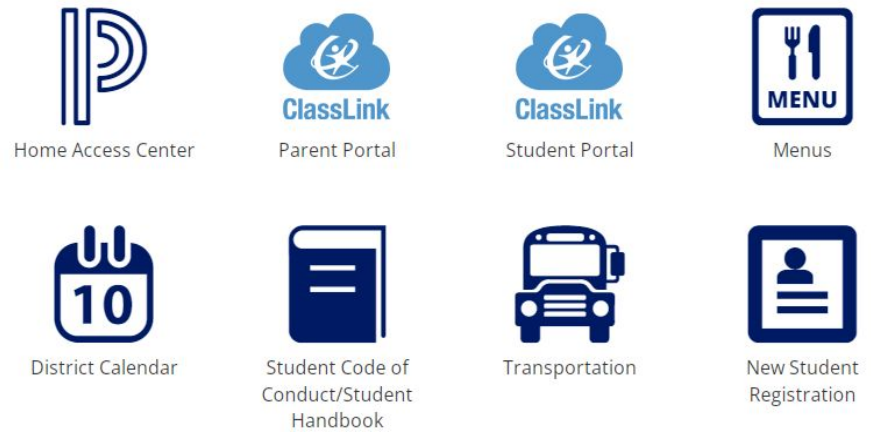
Distinguished Level of Achievement **MUST** include Algebra 2;
must be on this plan to receive Top 10% Automatic Admission

**MUST HAVE AT LEAST ONE ENDORSEMENT TO GRADUATE ON THE
FOUNDATION + ENDORSEMENT PLAN**

HOW TO CHECK YOUR GRADES:



1. Go to www.CFISD.net
Click on **Parents & Students**



2. Click on **Home Access Center**



3. Login to the **Student Portal**



- Check your grades **AT LEAST** once a week
- Follow up with teachers if you see something
- Attend tutorials **BEFORE** a test



BE INVOLVED!

When applying to college, you will need to provide a list of extracurricular activities and volunteer hours. Having a good GPA and class rank is not enough.

Start getting involved as a freshman!

ON CAMPUS:

- Join clubs and organizations
- **Try to have leadership roles**

**PICK UP
A CLUB
LIST
TODAY!!**

Outside of School:

- Volunteer at a wide variety of places
- Find volunteer opportunities that connect to your interests
- **Keep a log of hours**



CLUB LIST:



Anime Club
 Asian Student Association
 Automotive Skills
 Bible Study Club
 Black Student Union
 Book Club
 Bowling Club
 Checkers and Dominos
 Class of 2022
 Chess Club
 Christian Student Association
 Computer Club

CRU
 Conservation Club
 Cosmetology Club
 DECA
 Dugout Diamonds
 Fashion Club
 FFA
 French Club
 Gaming Club
 GSA
 HOSA
 Junior Gals
 Key Club

Men of Honor
 Mental Health Alliance
 MOB
 Muslim Student Association
 Pep Squad
 Producer Club
 Science Olympiad
 Senior Women & Men
 Sideline Sweethearts
 Sky Dancers
 SPAA
 Spanish Club
 Spike Club
 Student Council
 TAFE

Vietnamese Student Association
 Young Writers Club
 National Honor Societies
 National Art Honor Society
 National Honor Society
 National French Honor Society
 National Latin Honor Society
 National Science Honor Society
 National Social Studies Honor Society
 National Spanish Honor Society
 National Technical Honor Society
 National Tri-M Music Honor Society
 National English Honor Society
 National Math Club Honor Society
 Quill and Scroll National Honor Society
 NHSSM



CREDITS + EXCESSIVE ABSENCES:

- Excessive absences **WILL** cause a loss of earned credit, no matter what grade you received in the class
- EA's **MUST** be cleared with the Assistant Principals by the deadlines they set
- Loss of credit from EA's **WILL** cause you to potentially not graduate, if they are courses and/or credits that are required

CALCULATING YOUR GRADE POINT AVERAGE (GPA)

<u>On-Level</u>	<u>K, AP, DC, Horizons</u>
A(90-100) = 6	A(90-100) = 7
B (80-89) = 5	B (80-89) = 6
C (75-79)= 4	C (75-79) = 5
C- (70-74) = 3	C- (70-74)= 4
F (0-69) = 0	F (0-69) = 0

GPA is cumulative by semester

ADVANCED CLASSES:



Entrance into Advanced Classes

85 yearly average in same subject L level class

OR 75 during 2nd semester in same subject K level class



Removal from Advanced Classes

Students will be removed if they have an F in a K Level class for any grading period

Students will be removed if they have a C- in a K Level class at Semester

Students will remain in K/AP course for the entire semester unless they fail a grading period

ADVANCED CLASSES:

ADVANCED PLACEMENT

- Option to pay to take test for credit
 - Full year test in spring
 - Half year test in Dec.
- **Must score 3, 4, or 5 to be eligible for credit**

AP + DC

- Grade requirements
- Individual colleges determine credit

DUAL CREDIT

- To take, you must prove college ready by taking the PSAT, ACT/SAT, STAAR or TSI2
- Must complete LSC Application process
- Must pay each semester
- **Pass course for credit to be awarded**

STAAR EOC:



You **must pass all five** of these exams in order to receive your diploma and/or walk across the stage at graduation

LOOKING FORWARD...

10th Grade:

1 year attendance and 5 credits, including Algebra I and English

- PSAT Free in Fall
- English 2 EOC STAAR Testing
- EOC STAAR Retests if needed
- Building up your GPA
- Spring Semester - register for next year's classes to complete endorsement

11th Grade:

2 years of attendance and 11 credits

- EOC STAAR Testing
- SAT Free in Spring
- Dual Credit Classes
- SAT/ACT recommended in the Spring
- College Night and Career Options Fair
- College Talks with the College & Career Specialist

Registration for courses will take place in the **SPRING** each year!

CHOOSING AN INSTITUTION OF HIGHER LEARNING:

Technical and Trade Schools	Community Colleges	Junior Colleges	4 Year Colleges & Universities
<ul style="list-style-type: none">• Certifications• Apprenticeships	<ul style="list-style-type: none">• Certifications• Associate Degrees• Transfer to 4 Year Universities• Commute to School	<ul style="list-style-type: none">• Associate Degrees• Collegiate Sports• Live on Campus• Transfer to 4 Year Universities	<ul style="list-style-type: none">• Bachelor Degrees• Live on Campus• Collegiate Sports
	Military	Workforce	

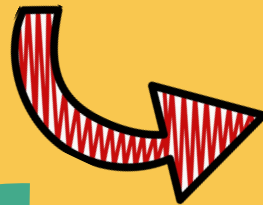
**WE ARE
ONE!**

Guess What?
More Information
about Endorsements
to come!

Counselors will be meeting
with 9th graders currently in
PACE next week.

We will also meet with 9th
graders in PACE next semester.

**Tell us
about
yourself!
*required**



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